



Diabetes Education



You are not alone... millions of people have diabetes. We are here to help you learn to manage your diabetes and lead a full and active life.

The first step to stay ahead of your diabetes is to gain knowledge of treatment strategies; the second is to develop the skills to put that knowledge to use in your daily life.

Morrisville Family Health Care and Diabetes Education can be the foundation for making your day to day journey as stress free as possible.

We're Neighbors taking care of Neighbors.

Diabetes is a chronic medical condition that significantly impacts aspects of a Diabetic's life, as well as their family's lifestyle. It is important that the physician, Diabetic Educator and patient work together to develop a care plan specific to their individual needs.

Cheri Holton, FNP,

Certified Diabetic Educator (CDE),

works closely with the patient and their physician to manage their diabetes and to learn better strategies on how to better care for oneself through diet, exercise, blood sugar monitoring, stress management and medication.



You could
save up to
90%
on your
medical bills

We are willing and eager to work with our patients to make sure medical bills don't lead to financial hardship. But, before we can help, you have to take the first step by filling out our confidential financial disclosure form. Please ask us for details at 888-5639.

We accept Medicare, Medicaid
and most commercial insurance plans.



**MORRISVILLE FAMILY
HEALTH CARESM**

We're Neighbors taking care of Neighbors

Part of Community Health Services of Lamoille Valley

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