



Providing hope and skills to cope with life's challenges



The Behavioral Health & Wellness Center provides a safe and welcoming environment for nurturing the emotional & psychological health of the members of our community.

Our licensed professionals, including Psychiatrists, Clinical Psychologists, Clinical Social Workers, Clinical Mental Health Counselors, and Alcohol & Drug Counselors, work closely with our patients to develop the necessary self-directed skills to promote and enhance the healing process and to encourage continual growth toward personal goals.

*We're here to help you find
the care and focus you need to heal*

Our services include...

Family therapy, working with adolescents and children, substance abuse treatment (including assessments, CRASH), medication management for both children and adults, couples counseling, case management and liaison with schools and community agencies on behalf of our clients.

Groups: Women's Issues Lunchtime Group, Anger Management, Women's Trauma and Substance Abuse, Parenting, Substance Abuse (adults, adolescents, men and women), CRASH

Individual therapy: We cover a range of diagnoses, including, but not limited to: PTSD, bipolar disorder, OCD, ADHD, depression, anxiety, substance abuse, stress management, family and work issues, divorce, and other mental health and wellness issues

Give us a call today. We look forward to getting to know you.

You could
save up to
90%
on your
medical bills

We are willing and eager to work with our patients to make sure medical bills don't lead to financial hardship. But, before we can help, you have to take the first step by filling out our confidential financial disclosure form. Ask for details.

Regular Business Hours:
8:00 am to 5:00 pm, Monday - Friday.
Some evenings by appointment.



**BEHAVIORAL HEALTH
& WELLNESS CENTER**

We're Neighbors taking care of Neighbors

Part of the Community Health Services of Lamoille Valley

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